

HOW TO LOOK AFTER YOUR LASH EXTENSIONS

AFTER YOUR EXTEND TREATMENT:

- For the first 48 hours after any Extend treatment it's important not to allow water to come in to contact with your lashes
- For 2 days afterwards do not steam your face, use a steam bath, swim or wash your face with hot water
- Do not use waterproof mascara
- Use oil free make-up remover if mascara is worn (only use a water-based mascara)
- Do not attempt to perm or use lash curlers on Nouveau Lashes extensions
- Don't rub your eyes when washing your face – always pat the lashes dry after cleansing
- Ensure lashes are not manipulated into different positions (e.g. when sleeping, cleansing the face, applying moisturiser or cosmetics)
- Ask your Nouveau Lashes Technician for expert advice in how best to look after your choice of lashes

HOW TO CLEAN YOUR EYE LASH EXTENSIONS:

It is important to look after your eyelash extensions correctly to ensure they last well in-between infill appointments & to prevent eye irritation/ infections or other issues that can impact your eyes health.

Lash Cleansers

To clean you lashes **Nouveau Lash & Lid Foaming Cleanser** is the recommended product to use which is specifically designed to work best with your lash extensions & can be purchased for \$49. This would last many sets of Lash Extensions.

Also, a Cleansing Brush is available for \$12 or you can use clean fingertips.

Alternatively, you can purchase a gentle face cleanser from the supermarket, but it **MUST** be Oil & Alcohol **free**. Oily products will break down the adhesive on your extensions & cause them to fall out.

Baby shampoo can be used, however be careful as it can be quite drying on your eye lids being used daily.

How to wash your lash extensions

Wet your lashes with warm water. Put some cleanser on your cleansing brush or your fingertips & work gently into your eyelids & lashes. Uses up & down movements, not side-to-side. Be sure to clean your lash line well because this is where bacteria & other dirt can build up most. Rinse thoroughly with water.

Don't use cotton pads or balls to clean your lashes. The fibres can get stuck in them & you'll need to carefully pick those out. Also don't use cleansing wipes because those can loosen or pull out your extensions.

How to dry your lash extensions

After washing your lashes, gently pat your face dry with a towel, but avoid your eyes to protect your extensions. Allow your extensions to air dry naturally or you can wrap some toilet paper, tissue or paper towel around your finger & gently blot your lashes.

How to comb your lash extensions

Use your provided mascara wand to comb through your lashes starting at the base & gently rolling the mascara wand through to the ends. You can brush on top & underneath the lashes. Brush your lashes morning & night to keep them uncrossed & looking good.

LASH SHEDDING CYCLE

The average person has anywhere from 80 -150 lashes per eye. When applying lash extensions, the goal is to attach an extension onto every **healthy natural lash** during your appointment. Therefore, it can take up to 3 hours to achieve this result.

It is important to know that we have a “**Lash Shedding Cycle**”. This means that we naturally lose about 2 -5 lashes per day. If you average 3 lashes a day this is how many you are losing

- 1 week: 21 lashes
- 2 weeks: 42 lashes
- 3 weeks: 63 lashes

Therefore, lash infills are necessary if you wish to keep your lash extensions looking full & amazing. A free 7-day lashes check is available for any immediate repairs or adjustments, if required.

DO NOT GET YOU LASHES WET FOR 48 HOURS AFTER APPLICATION	USE OIL FREE PRODUCTS ONLY	BRUSH YOUR LASHES DAILY WITH YOUR PROVIDED MASCARA WAND
SCHEDULE A LASH INFILL EVERY 2 -3 WEEKS	NO MASCARA	CLEAN LASHES WITH LASH CLEANSER DAILY
DO NOT PICK OR PULL AT YOUR LASHES	Infill Prices 1 week \$25 2 weeks \$40 3 weeks \$55 4 weeks + full price Removal Free	TRY TO SLEEP ON YOUR BACK